

ASSAULT PREVENTION • SELF DEFENSE • AWARENESS

FREE SEMINAR



Come to our 16th
Annual Seminar for
WOMEN ONLY!

Open to all women ages 11 and older

FRIDAY, FEBRUARY 7, 2025

6:30pm to 8:30pm

Idaho Shao-Lin
Center for Martial Arts
www.idahoshaolin.com
6501 W. Ustick Rd., Boise
208-343-6109

The doors will open at 6:00pm. *Please wear comfortable clothing.*
*Girls 11-16 years of age must be accompanied by an adult female.

